

LIBERTY MIDDLE SCHOOL

FROG FOCUS

September 22, 2023



Our LMS students and teachers never cease to amaze me. This week has had its ups and downs but through the tough moments, tough games, or tough personal issues our students are learning to rise up above the challenges, ask for help, and support each other. We do fall short at times, but this week empathy and love for one

another were shown at various times. It's in those moments that I feel so blessed to be a Greenback and live in our wonderful community. Brainstorm finals are this morning and the competitive juices will be flowing. LMS 8th graders and cheerleaders came up with their own spirit week to engage in the homecoming week festivities (see below). I appreciate their leadership and their "want to" show school spirit and pride. October brings the end of 1st quarter, Fall Frolic and parent-teacher conferences.



LMS SPIRIT WEEK

Monday September 25 OUR FUTURE IS BRIGHT Wear your NEON colors.	Tuesday September 26 TROPICAL TUESDAY Wear your Hawaiian Attire.	Wednesday September 27 PINK OUT It doesn't matter what shade it is, wear your pink today!
Thursday September 28 FAN DAY Wear your favorite team gear. You can also wear hats to support your team!	Friday September 29 SPIRIT DAY Wear all the Green & Gold to show your school spirit!	

Rudd's Ramblings

It is recommended that middle school students get between 9 to 11 hours of sleep per night. However, individual sleep needs can vary. Establishing healthy sleep habits, such as maintaining a consistent sleep schedule, creating a sleep-conducive environment, and limiting the use of electronic devices before bedtime, can help middle school students get the sleep they need to thrive academically, emotionally, and physically. *50% of LMS students surveyed said they get between 8 and 9 hours of sleep on school nights.

Supervision Schedule: Hill's Headlines

- Football field/ramp- R. Schmidt
- Bus Duty- Pelland

SPIRIT WEEK

Monday-

Tuesday-

- Walk and talk Tuesday 7:50
- Work turned in by 4:00

Wednesday-

- Eligibility 9:00 am

Thursday-

- 5th/6th grade rehearsal 12:00-3:30
- Cross country @ Home meet 3:50, dismissed at 2:35
- VB @ Larned 4:30, dismissed at 2:25
- FB @ Larned 5:00, dismissed at 2:35

Friday-

- Homecoming Parade at 3:00-students will walk-up with their 7th hour teacher
- LMS RAMP NIGHT -home football game-join us to cheer on the Greenbacks

Grit-Passion-Respect-Value-Team