



Liberty Middle School FRIDAY FOCUS

March 24, 2023

Spring break has come and gone, but the energy in the lobby on Monday proved students and teachers were excited to be back. I always love greeting the students as they arrive after a break. The spring brings track season, state assessments, and all the fun of ending a successful school year. Students have been buzzing this week about track and we have 77 students participating.

Each year in March, we host the American Heart Association dodgeball tournament. This is usually highly anticipated and a fundraising event. This year the students raised \$919.00 to give to the heart association. The winning dodgeball team is pictured below.



Counselor's Corner

Grounding Techniques-Part 1

Grounding--Ease your mind in stressful moments

1. Stop
2. Breathe deeply
3. Look around
4. Listen
5. Focus on something around you

Try these techniques with your class or individual students who need a break.

*Courtesy of Telehealth ROCKS

Hill's Headlines

Supervision Schedule:

- Football field/ramp-Foster
- Bus Duty-Nech

Tuesday

- Grade level meeting 7:50 am
- Work needs to be turned in by 4:00

Wednesday

- Eligibility
- Homework time starts

10:55 6:30 AM

Your car is running, packets in the front seat. First car in the line

You're the very best. Thank you. I'll be there in 10.

Deliver

Greenback Shoutouts

- Clint Jones is such a vital part of our school system. He does so much that goes unnoticed and I am thankful for him. Many times we warm up the school car I take to events. See picture.
- Mrs. McAllister did a fantastic job running her first dodgeball tournament. It takes a lot of work and she made it all happen for our students and the Heart Association.
- Michele Hamm organizes our math strategies competition each year. 30 teams competed and our winning team is pictured below. Thank you for time and energy on this.
- Mr. Brown's students are loving robotics-great work Mr. Brown

Quote Corner

"Nothing is impossible. The word itself says "I'm Possible"
Aubrey Hepburn



Math Strategies winning team. Congratulations to these amazing young men.

Rudd's Random Thoughts

Liberty Middle School recently completed SLAB (student led advisory-based) conferences. The conference, which includes parents, the student's AB teacher (in 5th grade it is the homeroom teacher), and the student, provides the student the opportunity to share; favorite assignments, areas of growth, and goals they have set for themselves. Each Monday throughout the school year students do a grade check with their advisory teacher. Teachers take this weekly opportunity to discuss organizational skills and teach students how to communicate with instructors. The ultimate goal is to empower students to own their learning and understand the 'why' behind it. Another item students shared with their parents was their Individual Plan of Study. This is where students begin to connect what they are learning now to a career they may be interested in pursuing someday. Mrs. Donnerwerth does a fantastic job exposing students to many different careers. Students' individual plans of study will become much more developed as they transition to high school.

