

# Cycle Menu for the remainder of the school year – Ages 1 - 18

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH</b>				
<b>Peanut Butter and Jelly w. Yogurt</b> Fresh Garden Salad (1/2 C) Baby Carrots w. Dip (1/4 C) Fruit (1/4 C) Milk	<b>Popcorn Chicken Wrap</b> Fresh Garden Salad (1/2 C) Cherry Tomatoes (1/4 Cup) Fruit (1/4 C) Milk	<b>Turkey Club Sub</b> Fresh Garden Salad (1/2 Cup) Broccoli w. Dip (1/4 Cup) Fruit (1/4 C) Milk	<b>Ham and Cheese Sandwich</b> Cucumber Slice (1/4 Cup) Fresh Garden Salad (1/2 C) Fruit (1/4 C) Milk	<b>Tuna/Chicken Salad Sandwich</b> Fresh Garden Salad (1/2 C) Baby Carrots w. Dip (1/4 C) Fruit (1/4 C) Milk
<b>BREAKFAST</b>				
Soft Filled Cereal Bars Fruit (1/2 Cup) Milk	Cereal Cheese Stick (1 Stick) Fruit (1/2 Cup) Milk	Mini Waffles Fruit (1/2 Cup) Milk	Bagel w. Cream Cheese Fruit Juice (4 Oz) Milk	Chocolate Pastry Fruit (1/2 Cup) Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH</b>				
<b>Crispy Chicken Wrap</b> Fresh Broccoli w/Dip (1/4 C) Fresh Garden Salad (1/2 C) Fruit (1/4 Cup) Milk	<b>Turkey and Cheese Sandwich</b> Baby Carrots w. Dip (1/4 Cup) Fresh Garden Salad (1/2 Cup) Fruit (1/4 C) Milk	<b>Peanut Butter and Jelly w. Yogurt</b> Fresh Garden Salad (1/2 Cup) Corn (1/4 Cup) Fruit (1/4 Cup) Milk	<b>Ham and Cheese Wrap</b> Cherry Tomatoes (1/4 Cup) Fresh Garden Salad (1/2 C) Fruit (1/4 C) Milk	<b>Italian Sub</b> Fresh Garden Salad (1/2 C) Baby Carrots w. Dip (1/4 C) Fruit (1/4 C) Milk
<b>BREAKFAST</b>				
Cereal w. Yogurt Fruit (1/2 Cup) Milk	Banana Bread Squares Fruit (1/2 Cup) Milk	Mini Pancakes Fruit (1/2 Cup) Milk	Apple Turnover Fruit (1/2 Cup) Milk	Biscuit w. Jelly Fruit (1/2 Cup) Milk